

# Definitions of segmental instability in the degenerative lumbar spine – a systematic review

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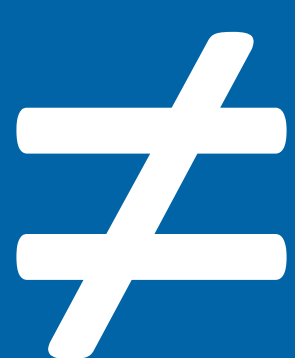


Lumbar degenerative spondylolisthesis (LDS) and spinal stenosis (LSS)  
Dynamic component of **INSTABILITY**

## Background



Impact on surgical decision-making



No consensus on definition of segmental instability

## Aim

To collect and group definitions of segmental instability in the degenerative lumbar spine

## Methods

### PRISMA

- Adult >18år
- Diagnostic imaging
- Clinical and biomechanical



Title Abstract

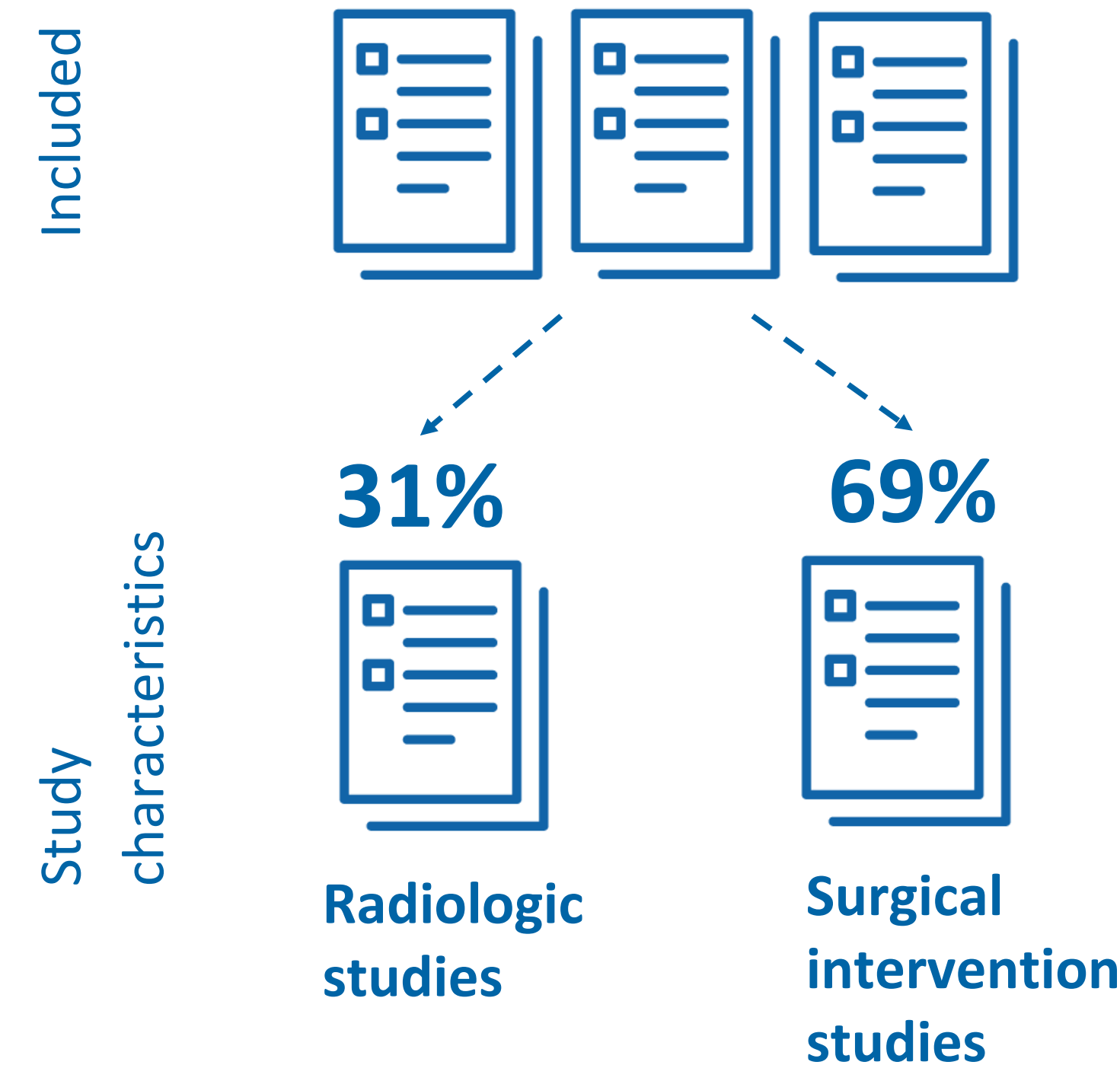


Full-text screening

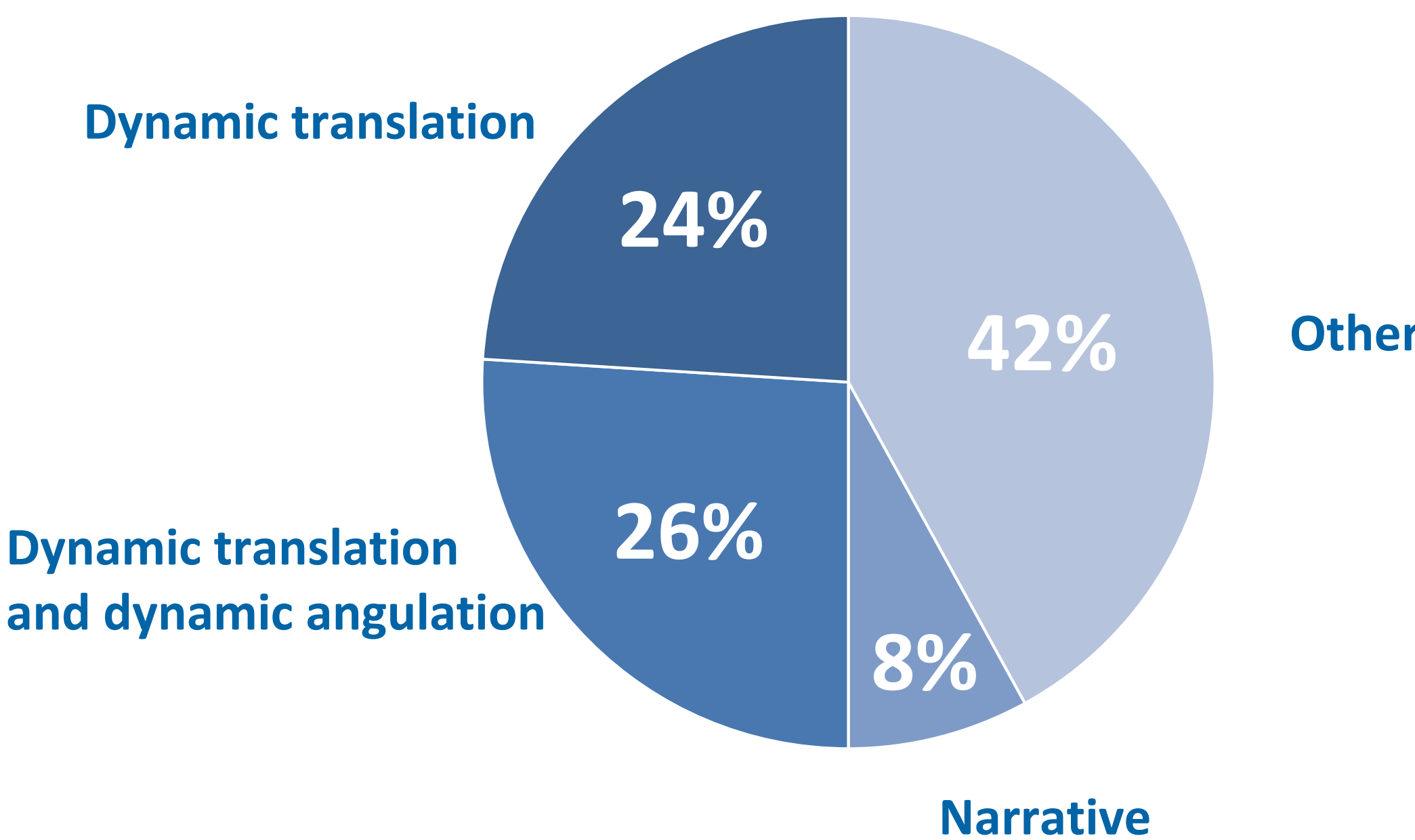
## Results



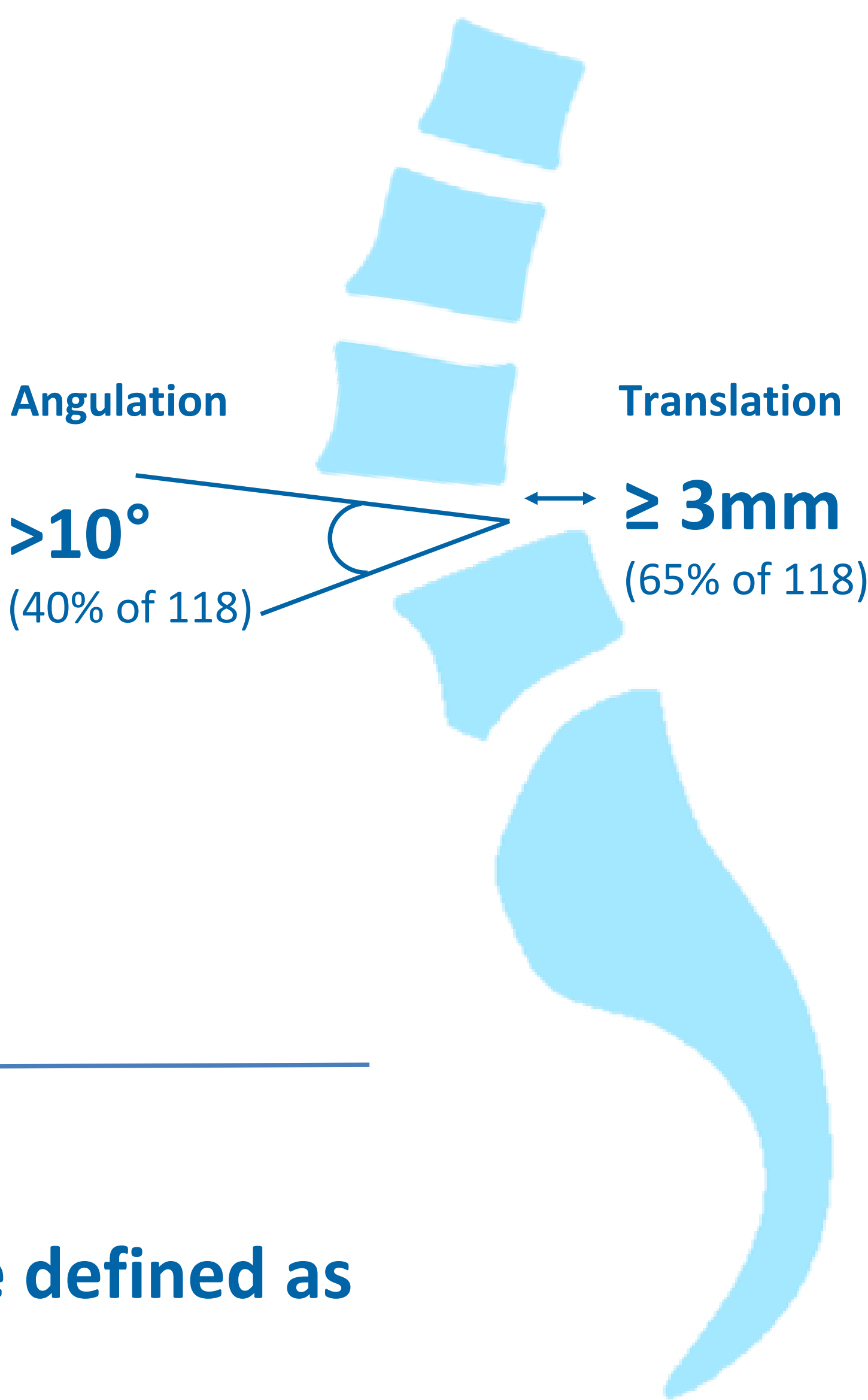
**N=118**



### Definitions grouped



### Thresholds of most frequent reported parameters



## Conclusion

Segmental instability in the degenerative lumbar spine can radiologically be defined as ≥ 3mm dynamic sagittal translation

