

6TH NORDIC WRIST ARTHROSCOPY COURSE

30.11-01.12, 2022 COPENHAGEN

**A CADAVER WORKSHOP ON BASIC AND ADVANCED ARTHROSCOPY
INCLUDING TREATMENT OF WRIST FRACTURES AND LIGAMENT INJURIES**

INTERNATIONAL FACULTY

Greg Bain, Adelaide
Vicente Carratala, Valencia
Henk Coert, Utrecht
Fernando Corella, Madrid
Christophe Mathoulin, Paris

NORDIC FACULTY

Lars Adolfsson, Linköping
Anders Björkman, Gothenburg
Martin Clementson, Malmö
Robert Gvozdenovic,
Copenhagen
Jan-Ragnar Haugstvedt, Oslo
Peter Jørgsholm, Vejle
Istvan Rigo, Moss
Lena Schroll, Vejle
Janni Thillemann, Holstebro
Niels Thomsen, Malmö
Hans Tromborg, Odense
Jarkko Vasenius, Helsinki

ORGANIZERS

Peter Jørgsholm
Hand Surgery Clinic, Mølholm
Private Hospital, Vejle, Denmark.

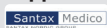
Niels Thomsen
Department of Hand Surgery,
Skane University Hospital,
Malmö, Sweden.

Anders Björkman
Department of Hand Surgery,
Sahlgrenska University Hospital,
Gothenburg, Sweden.

Course fee: 1 800 €
Contact: ckl@molholm.dk
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PRELIMINARY PROGRAM

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Christophe Mathoulin Paris, France

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Gothenburg, Sweden.

NORDIC FACULTY

Lars Adolffson Linköping, Sweden
Anders Björkman Gothenburg Sweden

WEDNESDAY 31.11.2022

The Institute of Anatomy, Panum, Copenhagen

Anatomy - lectures

Moderators: P Jørgsholm (chairperson), N Thomsen, A Björkman,

09.00 Welcome
09.10 Surface, portal and arthroscopic anatomy.
Dry/wet arthroscopy.
09.25 Arthroscopic instrumentation and complications
09.35 Wrist examination

10.10 *Coffee break*

Basic arthroscopy - workshop

Moderators: A Björkman (chairperson), N Thomsen, L Adolffson

10.40 Demo - Red pepper triangulation
Exercise
11.00 Demo - Radiocarpal arthroscopy
Exercise
11.30 Demo - Midcarpal arthroscopy
Exercise
12.00 *Lunch break*

Ulnar Wrist Compartment - lectures

Moderators: JR Haugstvedt (chairperson), J Thillemann, V Caratalla,
P Jørgsholm, H Tromborg

13.00 TFCC injuries and assessment
13.15 TFCC capsular and foveal repair
13.25 TFCC reconstruction
13.35 Ulna Carpal abutment
13.50 DRUJ arthroscopy
14.00 *Coffee break*

Ulnar wrist compartment arthroscopy - workshop

Moderators: JR Haugstvedt (chairperson), J Thillemann, H Tromborg, V Caratalla

14.20 Demo - TFCC capsular repair
Exercise
15.00 Demo - TFCC foveal repair
Exercise
15.45 Demo - DRUJ arthroscopy
Exercise
16.30 Demo - TFCC reconstruction
Exercise
17.15 *Close*

19.00 **Course dinner at Nørrebro Bryghus**

P Jørgsholm

N Thomsen

A Björkman

Greg Bain/

Lars Adolffson

A Björkman

N Thomsen

L Adolffson

J Thillemann

JR Haugstvedt

V Caratalla

P Jørgsholm

H Tromborg

J Thillemann

JR Haugstvedt

H Tromborg

V Caratalla

THURSDAY 01.12.2022

The Institute of Anatomy, Panum, Copenhagen

Radial and central wrist compartment - lectures

Moderators: L Adolffson (Chairperson), P Jørgsholm, G Bain, I Rigo,
C Mathoulin, F Corella

08.00 SL ligament injury.
08.15 Scaphoid fractures
08.25 Distal radius fractures
08.40 SL shrinkage
08.45 SL dorsal capsulodesis
08.55 SL reconstruction
09.10 LT reconstruction
09.20 *Coffee break*

Radial and central wrist compartment arthroscopy - workshop

Moderators: C Mathoulin (Chairperson), P Jørgsholm, G Bain

09.45 Demo - SL ligament reduction,
pinning and dorsal capsulodesis.
Exercise
10.45 Demo - Scaphoid fracture
Exercise
11.30 Demo - Distal radius fracture/dry arthroscopy
Exercise
12.15 *Lunch*

Advanced wrist arthroscopy - lecture

Moderators: H Coert (chairperson), M Clementson, L Schroll, J Vasenius, R
Gvozdenovic

13.00 Ganglionectomy dorsal and volar
13.10 Localized OA (STT, HALT, SNAC)
13.20 CMC I, joint arthroscopy
13.40 Scaphoid non-union
13.55 Carpal fusions
14.05 *Coffee break*

Advanced wrist arthroscopy - workshop

Moderators: F Corella (chairperson), M Clementson, L Schroll, J Vasenius

14.30 Demo - Ganglionectomy dorsal/volar
Exercise
15.00 Demo - Partial joint resection (Hamate resection)
Exercise
15.30 Demo - CMC I arthroscopy
Exercise
16.00 Demo - SL reconstruction
Exercise
17.00 Course evaluation/certificate

L Adolffson
P Jørgsholm
G Bain
I Rigo
C Mathoulin
F Corella
JR Haugstvedt

C Mathoulin

P Jørgsholm

G Bain

M Clementson
L Schroll
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COURSE PRICE

Course price including coffee, lunch and course dinner **1 800 €**

to be paid no later than 01.11.2022 – **marked with course participants name**

Please transfer to: Håndkirurgisk klinik Aps
Andresens Købmandsgaard 2
DK 5300 Kerteminde

Lægernes Pensionsbank reg. no. 6771 kontonummer 6824346

IBAN account no.: DK1067710006824346

SWIFT-code/BIC: LAPNDKK1 (Lægernes Pensionsbank)

ACCOMMODATION

Globalhagen Hostel

cheap hostel, very close to course venue (500 m) from 65€

www.globalhagen.dk/hostel

Hotel Wakeup ★★

cheap hotel, close to course venue (2 km) from 70€

www.wakeupcopenhagen.dk/hotellerne/koebenhavn/borgergade#/

Ibsens Hotel ★★★

nice hotel, close to course venue (1,2km) from 190€

www.arthurhotels.dk/dk/ibsens-hotel/

Hotel Kong Arthur ★★★★★

Faculty hotel, close to course venue (1,2 km) from 215€

www.arthurhotels.dk

Hotel Nora ★★★

nice hotel, very close to course venue (650 m) from 230€

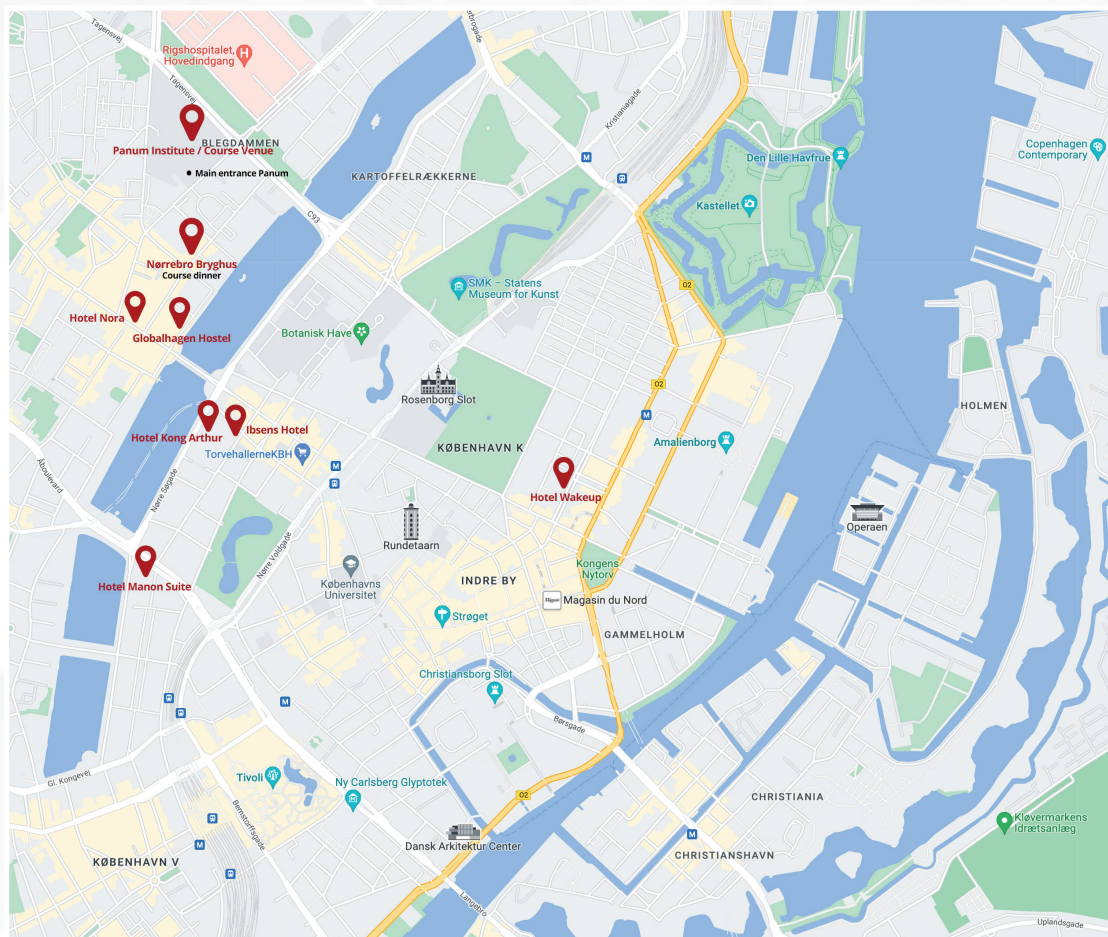
www.nora.hotel-in-denmark.com/da/

Hotel Manon Suite ★★★★★

cozy hotel close to venue (1,7 km) from 230€

www.guldsmedenhotels.com/manon-les-suites/

MAP SHOWING COURSE VENUE, HOTELS AND COURSE DINNER RESTAURANT



COURSE VENUE ADDRESS

The Institute of Anatomy

Signs will show you the way to the workshop

Panum Institute
Blegdamsvej 3B
2200 Copenhagen

COURSE DINNER ADDRESS

Nørrebro Bryghus

Ryesgade 3
2200 Copenhagen

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