

INVITATION TIL ÅRSMØDE DSSAK FOR LÆGER & FYSIOTERAPEUTER

Herlev Sygehus, 23-24 April 2015

Tilmeldingsfrist : 8 marts

LINK, tilmelding: <http://www.ortopaedi.dk/index.php?id=440>

THE SHOULDER, Physiotherapy & Manual Therapy

24 April 2015: Herlev Hospital, Forhallen 8.30-15.30

Theresa Holmgren, Sweden & Josef M. Andersen, Denmark

08.15-08.30: Registration

08.30-08.35: Welcome & Practical information by Christina Eddy

Theresa Holmgren

08.35-09.20: Exercise as a treatment for patients with long-standing sub-acromial painful shoulder.

09.20-09.30: Questions & Discussion.

09.30-10.30: Anatomy & Biomechanics of the shoulder and exercise strategy for Scapula and rotator cuff problems.

10.30-11.00 Coffee break

Josef M Andersen

11.00-11.20: General introduction Mobilisations With Movement (MWM) for musculoskeletal disorders. Video case reports.

11.20-12.20: Clinical reasoning: MWM is a new clinical screening and treatment option for shoulder pain and restrictions. Video presentation.

12.20-12.30: Comments, questions.

12.30-13.15: Lunch

13.15-14.15: Live demonstration of the application of MWM in clinical practice (2-3 Unknown individuals with long term shoulder problems/public)

14.15-14.25: Questions and discussion.

Stretch break

14.30-15.10: Live demonstration of MWM in clinical practice (Unknown individuals with shoulder problems/public).

15.10-15.25: MWM as a differential diagnostic tool in medical practice.

15.25-15.30 Questions & Discussion: Final comments, Thank you.

Teresa Holmgren, Physiotherapist, PHD. Linköping University

Josef M. Andersen, Master of Musculoskeletal & Sports Physiotherapy