

Nordic Shoulder and Elbow Conference 2009



4th Combined meeting The Danish and Swedish Societies of Shoulder and Elbow Surgery

May 13th – 15th 2009
Helsingør · Denmark

Final announcement

Therapist Speciality Day
Rehabilitation of the Shoulder and Elbow
May 14th 2009



Preliminary Program

Wednesday May 13th	12.00	Helsingør Golf Course, www.helsingorgolf.dk A: New Golfer's day: Try something new - if you never played golf before: join us for instruction on the practice range and play 9 holes at the par 3 course. B: Golfers Day: If you already play golf: sign up for the 18 holes tournament at the beautiful main course. For detailed info on the golf arrangements check www.skulderalbue.dk
	17.00	Guided tour at Kronborg Castle; http://www.kronborgcastle.com/
	18.00	Welcome Reception in Erik af Pommerns chambers at Kronborg Castle



Preliminary Program

Thursday May 14th		Elbow fractures: treatment and complications Welcome · <i>Hans Viggo Johannsen and Bo Sanderhoff Olsen</i> Treatment of elbow fractures · <i>Graham King</i> Case presentation – mini-battles – discussion * Lunch in the exhibition area Treatment of posttraumatic elbow stiffness · <i>Denise Eygendaal</i> Case presentation – mini-battles – discussion * and free papers Coffee Elbow arthroplasty for posttraumatic arthrosis · <i>Graham King</i> Video session Case presentation – mini-battles – discussion * *Topics: Are elbow fractures really difficult to treat? Radial head fractures – reconstruct, resect or replace? The unhappy triad – how should we treat it? When to use external fixation? Olecranon fractures - how should we fix them? Should all distal humeral fractures be plated? Heterotopic ossifications and stiffness; prevention and when to treat? How do we rehab these patients? Should we all treat these fractures and who should treat the complications?
	10.00	
	10.15-11.00	
	11.00-12.00	
	12.00-13.00	
	13.00-13.45	
	13.45-14.30	
	14.30-15.15	
	15.15–16.00	
	16.00-17.00	
	17.00-18.00	General Assemblies in the Danish and Swedish Societies
	19.00-24.00	Congress Diner at Marienlyst Hotel & Casino Dance: Beverly Hills Orchestra



Preliminary Program

Thursday May 14th

Therapist speciality day

Skulder

- 10.00-10.30 Velkommen · *Michael Krogsgaard og Peter Rheinlænder*
Biomekanik skulder og albue
- 10.30-11.00: Neuromuskulært samarbejde omkring skulderen
- 11.00-11.30: Testning af skulderfunktionen (før behandling, før sæson, under sæson, i relation til arbejde), red flags. Herunder: hvordan vurderer man thoracoscapulær og glenohumeral stabilitet? Fysio- og ergoterapeuternes forskellige indgang til vurdering af skulderfunktionen.
- 11.30-12.00: Principper for rehabilitering af den instabile skulder. Tradition og evidens.
- 12.00-12.30: Principper for rehabilitering efter skulderfraktur. Tradition og evidens
- 12.30-13.30: Frokost
- 13.30-13.50: Behandling af scapula alatae
- 13.50-14.15: Terapi af frossen skulder (konservativ og efter operation). Kriterier for operation. Tradition og evidens.
- 14.15-14.45 Kaffe pause
- ### Albue
- 14.45-15.00: Operative muligheder ved albuestivhed. Teknikker, prognose, strategi
- 15.00-15.30: En terapeutisk udfordring (1): Rehabilitering efter albuefraktur. Tradition og evidens. Faktorer af prognostisk betydning.
- 15.30-16.00: En terapeutisk udfordring (2): Rehabilitering af albuestivhed efter operativ løsning.

Preliminary Program

Friday May 15th

Complications after rotator cuff surgery; Treatment modalities

- 08.30 Welcome · *Lars Henrik Frich, Anne Kathrine Belling Sørensen*
- 08.35-09.15 **Complications after rotator cuff surgery** · *Jaap Willems*
- 09.15-10.15 **Minibattle: Postoperative Shoulder stiffness**
Operative vs. Conservative treatment
Jens Ole Søjbjerg og Rolf Norlin
- 10.00-10.45 Coffee brake
- 10.45-11-15 Free papers
- 11.15-11.30 **Entrapment of the suprascapular nerve after rotator cuff surgery**
Cecilie Shrøder
- 11.30-12.30 Cases and questions to be answered by the panel:

Acute rotator cuff lesions. Should they all be treated operatively?
Can we repair the cuff when the muscle is fatty infiltrated?
Should we repair the cuff lesion with concomitant GH arthrosis?
Can/should we repair massive cuff lesions with proximal migration of the HH?
- 12.30-13-30 Lunch in the exhibition area
- 13.30-13.45 **Is failed rotator cuff surgery an issue for Patientforsikringen**
Michael Krogsgaard
- 13.45-14.15 Reports from the Danish and Swedish arthroplasty databases
- 14.15-15.15 **Minibattle: Massive Cuff lesions;**
Latissimus Dorsi Transfer vs. Reverse Prosthesis
Michael Krogsgaard and Anders Ekelund
- 15.15-15.30 Closure of the meeting
- 15.30 Go home coffee and Cake

Registration

Deadline at normal fee March 31st 2009

Registration form www.skulderalbue.dk
Preferably send the registration form by e-mail: nordicshoulder@heh.regionh.dk

Registration fee	Until march 31 st	After march 31 st
Surgeons	Dkr. 1600	Dkr. 2000
Surgeons 1 day	Dkr. 800	Dkr. 1000
Physiotherapist and Nurses	Dkr. 800	Dkr. 1000
Congress Diner guests	Dkr. 500	Dkr. 700

The fee covers:
Participation, coffee, lunches, social programmes including congress dinner Thursday evening

Participation in golf arrangement
A: New golfers Day Dkr. 250
B: Golfers day; 18 holes greenfee Dkr. 400
prepayment by invoice

Payment by invoice at confirmation
Cancellations March 31st until april 30th 50% will be refunded
After april 30th no refunds

Hotel reservations

Reservation must be arranged with the hotel by a separate Hotel registration form
– go to www.skulderalbue.dk

Congress Hotel Marienlyst Hotel & Casino
Nordre Strandvej 2, 3000 Helsingør
www.marienlyst.dk
Phone: +45 4921 4000

Rooms are reserved for the meeting, so participants can arrange their reservation on a first come, first served basis.

Single room business	Duble room business
Dkr. 1350,-	Dkr. 1650,-

Included:
Morning buffet, free internet, free entré at spa & pool and Entry to the Casino Marienlyst

For other Hotels in Helsingør or Hornbæk (14 km northest of Helsingør),
see www.visithelsingor.dk

A Hostel is situated close to the Congress venue: Danhostel Helsingør Vandrehjem
www.helsingorhostel.dk

Organizing committee

Organised by
The Danish Society for Surgery of the Shoulder and Elbow and the
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The website www.skulderalbue.dk will be kept updated



Sponsorer

