

## The Education Scholarship 2009 by Swemac, Mayo Clinic, Rochester, USA,

Host: Professor Shawn W O'Driscoll

September 28<sup>th</sup> – oktober 1<sup>st</sup> 2009



Visiting the Mayo-clinic for almost a week has been a fantastic experience of large value to our future work as shoulder and elbow surgeons. We had high expectations, but the hospitality and willingness to share knowledge and thoughts both at surgery and in the outpatient clinic largely exceeded our expectations.



Dr. Einarsson, Prof. O'Driscoll , Dr. Sørensen

The Mayo Clinic was founded in 1889 following the need for care of the many people injured in a tornado in the Rochester area a few years earlier. The clinic is famous for high quality in patient care, research and education and beside the original clinic in Rochester, Minnesota there are three sister clinics in the US; Jacksonville in Florida and Scottsdale and Phoenix in Arizona.

The scheme for us was to follow with Professor Shawn O'Driscoll who truly represents the spirit of the Mayo clinic to supremacy. Dr. O'Driscoll demonstrated

arthroscopic treatment of the stiff elbow at highest level in the operation theatre and shared his thoughts about postoperative treatment strategies in the CPM- machines improved through many years of academic thinking. During this short stay we got to see several cases of already good result following treatment of severe stiffness of the elbow, showing the profound effects of good patient education to get the patients involved themselves in the postoperative rehabilitation.

During the stay Dr. O'Driscoll had two operating days focused on elbow surgery. Additionally we had the opportunity to follow Dr John Sperling in the OR. A large part of his practice is concerned with revisions of primary shoulder prosthesis. Switching between the OR's he still had time to share his thoughts on revision problems such as glenoid bone deficiency and other difficult cases from his clinic.

The importance of education as an integral part of the daily activities at the hospital was obvious and we felt very welcome by both doctors and staff.

Everything was well organized and the staff smoothly took care of visitors. The doctors are aware of their importance as leading educational clinic and the dedication to share knowledge is extraordinary. Dr O'Driscoll mentioned that he actually had changed the operative strategy in order to simplify the learning process of a specific procedure.

Unfortunately we did not have the opportunity to follow Dr Morrey as he was away from the clinic a part of the week.



Dough, Shawn and Tom

***We would like to thank Dr. O'Driscoll, Dr. Sperling and Shawns team: PA Dough V. Kautz and fellow Thomas Daquin for making our visit so rewarding.***

**Fredrik Einarsson**

**and**

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