

SCHEDULE

THURSDAY 31.03	
12.00 – 13.00	Registration
PLENARY, SAGA HALL Chair: Konrad Mader	
13.00 – 13.10	Welcome
13.10 – 13.30	Acute and chronic elbow instability in athletes - D. Eygendaal
13.30 – 13.50	Distal humeral fractures in the elderly; reconstruction or arthroplasty? - L. Adolfsson
13.50 – 14.10	Elbow arthroscopy; indications, tips and tricks - D. Eygendaal
14.10 – 14.30	Fracture dislocations of the elbow: diagnosis and treatment algorithm - K. Mader
14.30 – 15.00	Exhibition and coffee
PLENARY, SAGA HALL Chair: Konrad Mader	
15.00 – 15.20	Elbow stiffness I; how do I deal with it? - B. Olsen
15.20 – 15.40	Elbow stiffness II; closed distractions and hinged external fixation in stiffness and chronic dislocation - K. Mader
15.40 – 16.20	Biomechanics in the throwing athlete. "What makes the ball go?" - B. Kibler
16.20 – 16.40	Exhibition and coffee
The shoulder arthroplasty registry-reports:	
16.40 – 16.50	The Swedish
16.50 – 17.00	The Danish
17.00 – 17.10	The Norwegian
17.30	General assemblies
17.30	General assemblies, The Norwegian Sport Physiotherapy Group (FFI)
19.30	Welcome Cocktail
20.00	Dinner, followed by live music

FRIDAY 01.04

PLENARY, SAGA HALL

Chair: C. Schrøder

07.45 – 08.25	A clinical reasoning algorithm for early detection of shoulder pathology - A. Cools Evidence based rehabilitation of patients with shoulder instability. - A. Cools
08.25 – 08.45	Non-operative treatment of shoulder instability - B. Kibler
08.45 – 08.55	Recurrent anterior instability – decision making, ISIS score - P. Boileau
08.55 – 09.15	Long-term clinical aspects of using PLLA implants in shoulder and knee surgery. What are the options? - J. Kartus
09.15 – 09.25	Discussion
09.25 – 09.45	Exhibition and coffee

SAGA HALL

Chair: T. Ludvigsen

09.45 – 10.00	Surgical technique and results after arthroscopic anterior stabilization with suture anchors – L. Funk
10.00 – 10.15	Surgical technique and results after open Bristow procedure – L. Hovelius
10.15 – 10.30	Surgical technique and results after arthroscopic Bankart-Bristow-Latarjet procedure – P. Boileau
10.30	Panel discussion

Auditorium 31e & 1e

Chair: I. Holm

09.45 – 10.45	Workshop: "Scapula – abnormal and normal motion" - B. Kibler
10.45 – 11.00	Measurement properties of disease specific shoulder outcome instruments for SLAP lesions and instability - Ø. Skare

PLENARY, SAGA HALL

11.00 – 11.30	How do I rehabilitate the anterior stabilized patient? - B. Kibler and Ann Cools
11.30 – 12.30	LUNCH
12.30 – 13.00	Exhibition

SAGA HALL, 13.00 – 15.35

Chair: Rune Moan (before break), Tobias Franke (after break)

13.00 – 13.15	Complications and treatment of recurrent postoperative instability - P. Boileau
13.15 – 13.45	My most complicated recurrent instability case (15 min), Funk, Hovelius, Boileau with panel discussions (15 min)
13.45 – 13.55	Results from two Norwegian studies concerning the epidemiology of shoulder dislocations - S. Liavaag
13.55 – 14.05	The Norwegian shoulder instability registry - J. Blomquist
14.05 – 14.15	"Is out still in?" – S. Liavaag
14.15 – 14.45	Exhibition and coffee
14.45 – 14.55	Arthroscopic shoulder stabilizations, a 2-4 year follow up - C. Schrøder

14.55 – 15.05	Shoulder instability treated with resorbable suture anchors. A 6 year follow up - B. Bøe
15.05 – 15.15	Open Latarjet stabilization; a 2-4 year follow up - B. Ødegaard
15.15 – 15.25	The Bankart repair versus the Putti-Platt procedure. A randomized study with WOSI score at 10-year follow-up - B. Salomonsson
15.25 – 15.35	The open Bankart- is it still valid? – L. Funk
15.35 – 15.50	Exhibition and coffee
Auditorium A31e & 1e, 13.00 – 14.15	
Chair: M. Fosdahl	
13.00 – 13.30	Rehabilitation for patients with shoulder dysfunction, a clinical view – Hilde Fredriksen
13.30 – 14-15	Workshop: Exercise therapy for patients with dysfunction- A. Cools and H. Fredriksen
14.15 – 14.45	Exhibition and coffee
14.45 – 15.35	Workshop continues
15.35 – 15.50	Exhibition and coffee
PLENARY, SAGA HALL, 15.50 – 17.00	
Chairs: C. Schrøder and T. Ludvigsen	
15.50 – 17.00	Panel discussion; Presentation of clinical cases, shoulder and elbow – B. Kibler, L. Funk, P. Boileau, D. Eygendaal and B. Olsen
17.00	End of meeting